

This is a new student referred by one of the general practitioners downstairs. This massive, muscular youth seemed to be oozing with hostility as he initiated the hour with the statement that something was happening to him and he didn't seem to be himself.

Past history revealed a youth who was one of two brothers that grew up in Florida where the father was a very successful plumbing contractor without an education, but who had achieved considerable wealth. He identified his father as being brutal, domineering and extremely demanding of the other three members of the family. The youth married four or five years ago, and served a hitch in the Marines during his married life. He expressed himself as being very fond of his wife, but admitted that his tactics were similar to his father's and that he had on two occasions assaulted his wife physically. He referred to several commendable achievements during his Marine Service, but also made reference to a court martial for fighting which resulted only to his being reduced several grades to a private. In spite of this he received a scholarship to attend the University for two years, and remain a Marine at the same time. He said that his wife had become more comfortable with him and he says that she really has less fear of him now than in the past because he had made a more intense effort to avoid losing his temper with her.

The real precipitating factor for this initial visit after being on the campus for several years seemed to stem from the separation of his parents some 30 days ago. Although there has been gross disharmony through the years, his mother summoned him to Florida to bring her to Texas, and she is now living in Austin, but not with her son and daughter-in-law. The youth says that his father has averaged calling every 48 hours for several weeks petitioning him to persuade his mother to return to him. He alleges to have no intentions of trying to do that and retains his hostility towards his father. Although he identifies with his mother in the matter above, his real concern is with himself at the present time. He readily admits having overwhelming periods of hostility with a very minimum of provocation. Repeated inquiries attempting to analyze his exact experiences were not too successful with the exception of his vivid reference to "thinking about going up on the tower with a deer rifle and start

shooting people". He recognizes, or rather feels that he is not achieving in his work at the level of which he is capable and this is very disconcerting to him. The youth could talk for long periods of time and develop overt hostility while talking, and then during the same narration may show signs of weeping.

OBSERVATIONS: This youth told numerous stories of his childhood and of involvement with his father that were not repeated, and it was felt that this relationship together with the genetic feature is largely responsible for his present predicament. Although his father is only semi-literate, he was a perfectionist in other respects and extremely expansive. The youth has lived for the day when he could consider himself as a person capable of excelling his father in high society in general. He long ago acknowledged that he had surpassed him in educational fields, but he is seeking that status in versely all fields of all human endeavor. He has self-centered in egocentric, and at the same time he wants to improve himself. The degenerated state of affairs with his parents plus his repeated recent failures to achieve have become extremely frustrating to him which he (and his father) would express his hostility; thus some of the experiences noted above.

No medication was given to this youth at this time and he was told to make an appointment for the same day next week, and should he feel that he needs to talk to this therapist he could call me at anytime during the interval.

M. D. HEATLY, M.D./dms

REPRODUCED FROM THE COLLECTIONS
OF THE AUSTIN HISTORY CENTER